

# Maldon & East Essex District Scouts Swimming Gala 2010

Saturday 6th March 2010, William De Ferrers Sports Center  
South Woodham Ferrers

## 1. General Information

All swimmers must arrive by 4:30pm ready for a 5:00pm start. Team Managers must arrive by 4:00pm.

Please ensure that all swimmers stay well back from the pool edge **at all times** to allow the safety staff free access. Swimmers **must not** run along the poolside.

## 2. Spectators

All spectators are welcome, but must remain within the spectator area which is along the length of the pool.

## 3. Gala Administration

Each group should appoint one Team Manager for each Pack/Troop/Section. These will be issued with an identification badge, which must be worn at all times, as no other adults will be permitted at the poolside. All persons at the poolside must wear plimsoles or trainers, or have bare feet. No street shoes may be worn. Warranted Leaders will be posted by the changing rooms for our security and your safety.

## 4. Points System

For each event, the fastest swimmer from the twelve fastest Packs/Troops/Sections will enter the final. The final will be held as two legs, each with six swimmers. The times for the two legs will then be combined to determine the actual result. Points and medals for the finals will be awarded as follows...

Placing	Points	Medal
1 <sup>st</sup>	12	Gold
2 <sup>nd</sup>	10	Silver
3 <sup>rd</sup>	8	Bronze
4 <sup>th</sup>	6	
5 <sup>th</sup>	5	
6 <sup>th</sup>	4	
7 <sup>th</sup>	3	
8 <sup>th</sup>	2	
9 <sup>th</sup>	1	
10 <sup>th</sup> , 11 <sup>th</sup> , 12 <sup>th</sup>	0	

## 5. Other information

During the evening, announcements will be made to coordinate the gala (e.g. swimming order). Please listen for these announcements.

Refreshments are available via vending machines. Lockers are available for £1 (refundable).

Finally, *please encourage plenty of support from both competitors and spectators. Have a great evening!*

# Cubs, Scouts and Explorers Swimming Gala 2010 - Preliminary Race Information

## 1. General Information

The Gala is open to all Cubs, Scouts and Explorers, male and female. This year's event does not include Beavers.

The competition age groups are as follows...

Cubs	Invested in Section	
Scouts (Younger)	10½ ~ 12	Born on or after 7 <sup>th</sup> March 1998
Scouts (Older)	12 ~ 14	Born between 7 <sup>th</sup> March 1996 and 6 <sup>th</sup> March 1998 inclusive
Explorers/Scouts	14+	Born on or before 6 <sup>th</sup> March 1996

The competition events are as follows...

Cubs	Scouts and Explorers
Breast Stroke	Breast Stroke
Back Stroke	Back Stroke
Front Crawl	Front Crawl
Relay (4 lengths of pool)	Individual Medley (3 lengths: 1 x Breast Stroke, 1 x Back Stroke, 1 x Front Crawl) Relay (4 lengths of pool)

There will also be a Novices Race. This race is not part of the main competition, and is not split by age group.

No older Cub/Scout/Explorer may swim in a younger age group's race. No younger Cub/Scout/Explorer may swim in an older age group's race, except for the Relay.

Packs/Troops/Sections may enter one relay team per age group. If a younger Cub/Scout/Explorer swims in an older age group Relay, they may not swim in a younger age group Relay.

Cubs' Relay teams **must** have four swimmers. Scout/Explorer Relay teams may have between two and four swimmers but, for safety reasons, the four legs of the Relay **must** be completed in such a way that it is not necessary for any swimmer to run along the poolside to get in position for the next leg of the race.

Cubs may swim in either (a) two events plus the Relay, or (b) the Novices race. Scouts/Explorers may swim in either (a) two events plus the Medley and the Relay, or (b) the Novices race.

All swimmers participating in the main competition **must** be capable of swimming a length convincingly.

## 2. Instructions to Participating Groups

Complete the attached form, indicating which swimmers will be participating in which events, and who the team managers will be. A copy of the completed form must be sent to Laurence Bundy, to be received **at the latest** by Sunday February 28th 2010.

Laurence R Bundy, ADC  
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